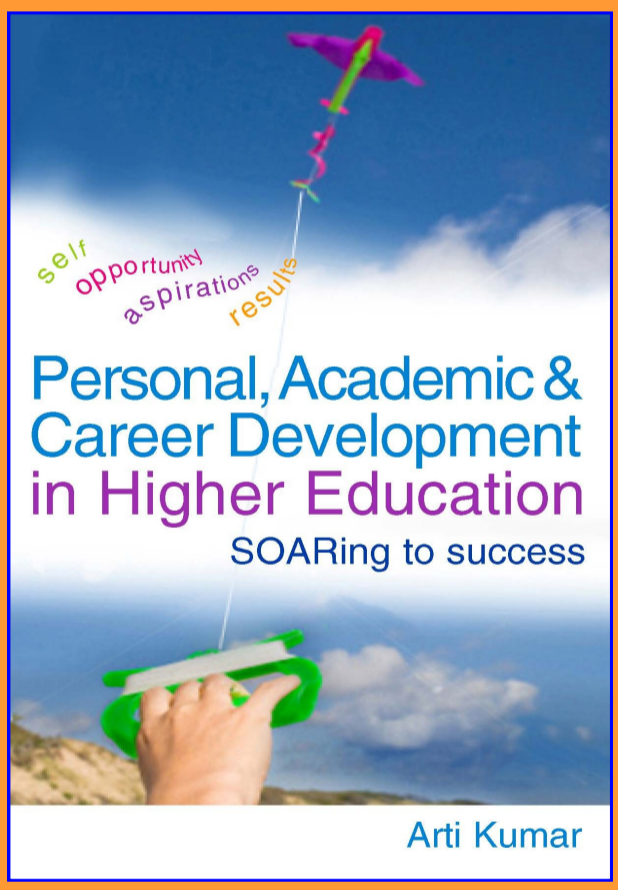


- Enabling students to connect Self with Opportunity, Aspirations and Results
- Identifying strengths that arise from personal interests, values, preferences, abilities...
- Engaging with work-related and placement learning
- Exploring options and occupations for future choices
- Articulating and promoting the unique personal possession of skills and benefits gained from curricular and extra-curricular activities

... and much more!!



About the author: Arti Kumar is Associate Director of the CETL at the University of Bedfordshire, and is a National Teaching Fellow. She received an MBE in the Queen's New Year Honours List 2008, in recognition of her services to higher education.

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# Are you SOARing with your students ?

## Are you integrating personal, academic & career development in your curriculum ?

